

A painting of a muscular man with a halo, holding a bundle of wheat, symbolizing sacrifice and food. The man is depicted in a heroic, almost divine manner, with a halo around his head. He is holding a large bundle of wheat or grain. The background is dark and textured, suggesting a dramatic or somber setting. The overall style is reminiscent of early 20th-century propaganda art.

## BLOOD *or* BREAD

Others are giving their blood  
You will shorten the war-  
save life if you eat only what  
you need, and waste nothing.

UNITED STATES FOOD ADMINISTRATION